



GHANA Short-Term Mission Trip Information Packet & Manual

PO Box 1776 Crestview, FL 32536

CLIYM

Short-Term Mission Outreach
Information Packet

"Akwaaba" (ah-quah-bah)

Akwaaba is how we say "welcome" in Ghana, West Africa. We are thankful that you are considering a partnership with CLIYM. A trip to West Africa is a huge undertaking and you will need to prepare...beginning today!! First and foremost you are asked to pray for this ministry, the people of West Africa and for the part you will have in bringing the Good News of the Gospel to another continent. Be praying for safety, health, strength, and the courage to do God's will in your life. As you consider and prepare for this short term outreach the following information should assist in familiarizing you with the culture, customs and needs of West Africa. Many websites will be referred to through this brief introduction, please visit all of them as time allows to better acquaint with the rich culture of Ghana.

Passport and Visa

International travel is exciting and exhilarating. Leaving from the United States, flying over the Atlantic Ocean, over the Sahara Desert and then into West Africa is thrilling! To do this you will need a passport and a Visa for Ghana. Your passport can be obtained through the local post Office or www.travel.state.gov, the process requires 8 to 12 weeks, so please plan ahead. The Visa for Ghana may take a month also, information on obtaining this packet/application can be obtained by calling or writing:

GHANA EMBASSY 3512 INTERNATIONAL DRIVE NW, WASHINGTON DC, 20008 Tel: 202 6864520

Fax: 2026864527

http://www.ghanaembassy.org/v_req.htm

As you prepare to visit West Africa you are advised to consult your insurance carrier to insure that any medical problems incurred will be covered. The only required immunization for entry to Ghana is for *Yellow Fever*, this can be scheduled through your personal physician or through your County Health Department or travel clinic. We advise that you further investigate this through the Center for Disease Control where you can find a clinic that administers the Yellow Fever Vaccine. Other vaccines that we and the CDC highly recommend for travel to West Africa are the following: Hepatitis A, Hepatitis B, and Typhoid, booster doses for tetanus-diphtheria, measles and polio. Meningococcal is recommended if travelling to the Northern part of Ghana. For more information, go to the CDC website: www.cdc.gov/travel/wafrica.htm.

Christ Living In You Ministries Short Term Mission Outreach- INTRO

Prayer

Prayer is our foundation! As we build your team and learn to function as partners in ministry we must be praying with and for one another. Please consider who your prayer partner will be for this particular project. Someone from the team would be great, but not essential. You will also Need to ask many to be praying for you as you prepare for this short term mission trip to Ghana. Your "Prayer Network" is needed!! Begin developing it today! The success of many mission projects have been insured because of faithful prayer warriors interceding on behalf of their missionaries.

What to Bring

You will be allowed two suitcases (unless we fly with British Air, who allow three- 50lb. bags) with up to fifty pounds each. The first suitcase should have personal hygiene products and clothing enough for one week. Clothing will be laundered as time allows. The second suitcase will be used to pack supplies for the CLIYM mission endeavors in Ghana and your outreach projects. This will be determined as we establish the needs of this ministry outreach. Additional items can be brought as a carry on to the plane, there is size and weight constraints for carry-on items (usually carryon bags are restricted to a weight of 45 lbs.) that can be viewed at the airlines website for you trip. You may also carry a backpack or purse or computer bag as long as it can fit under the airplane seat in front of your seat.

Clothing

When traveling, you should remember to wear comfortable clothing, light weight natural fibers, are best in tropical climates. Modest is always the first rule in apparel. No shorts are to be worn in public by women and should be a modest cut for men. Pants and Capri slacks are a better choice than shorts however. No low cut blouses or dresses, no spaghetti straps dresses and no clothing with questionable emblems, ads or phrases.

Church services are a formal affair in Ghana. Women should wear a dress or skirt and men should wear dress slacks and a button down shirt and a tie would be nice. Sandals are permitted and suggested, but not flip-flops for church. No shorts for anyone, no pants for women are permitted at church.

During all ministry outreaches and functions we recommend skirts or dresses for women. Men should wear dress slacks and a nice shirt. Jeans will be too hot, leave them home! If you need work clothing for the projects, visit the Goodwill or Salvation Army Store. Swimsuits should be modest, also. No bikinis or two piece for the women, men must not wear tight swimming suits.

Food

You may wish to bring some snacks on your trip. All snacks should be individually wrapped and zip locked bags are highly recommended. Ghana is hot! Chocolate will melt and there is plenty of local chocolate at good prices. Your meals will be provided so there will be no need to bring much food.

Other Stuff

A small flashlight with extra batteries is recommended. Cameras are encouraged; You will want plenty of pictures to share your experience and testimony with friends and family. Some of your pictures may be picked to display on the www.christlivinginyou.org website.

Personal toiletry items need to be in a quantity to last for the duration of your trip. These should be packed in your luggage, possibly in plastic bags to prevent spillage or leaking into contents of suitcase. Please bring sun-block with at least a 15 rating, although cloudy, the sun can burn you quickly. Sunburn could keep you out of action for several days and we do not want this to happen. You may also want to bring some Imodium or Pepto Bismol for potential stomach upsets. All prescription drugs should be in the original containers with your name on the label.

"Can You Hear Me Now?"

Most cell phones or phone cards from the USA are not compatible in Ghana. We will make sure all who wish to call home will have the opportunity on the first day and the last day of the outreach. During certain outreach programs we may be in an area with no internet or readily available phone service. Emergency contact information will be provided to all CLIYM volunteers. Adult volunteers may bring a quad-band phone that can be "unlocked" from its old carrier for around \$15.00 and brought to Ghana where you can buy a Sim card and re-chargable minute cards for minimal costs. Internet is readily available in Sunyani (near our ministry center). While in Ghana, you may get "unplugged" from the fast-paced life that is common in America. Don't expect instantaneous anything while here. Exercise patience and if that doesn't work, exercise more patience! If you can help it, don't bring anything that has to plug into the wall. It's best just to buy what you need and rough it for a little while. \odot

Shopping in the Open Market

Some of your most memorable experiences will be shopping in the market place. Because you will probably look different than the nationals they will charge you "special rates". Almost everything is on a barter system. Haggling is expected on every purchase. Please try to be fair

and have fun with this experience. Also, remember, this is how the vendor makes his living. We will find many treasures and souvenirs as we shop at the Cultural Center and in the open markets. I would not suggest bringing more than \$200.00 U.S. for souvenir shopping as very few banks will honor your Credit Cards and they will all charge a hefty fee for doing so. Guard your money at all times, trust no one to count it for you. You will be able to exchange money at a Forex center after you arrive.

Gifts

Although you may desire to give gifts to the people we will be visiting, it is not necessary or advised. We will be giving the gift of time, giving special attention to our new friends and sharing the Good News of the Gospel. Please ask your leadership before you give anything away as a gift. This could set a precedent that will be hard to rectify once you leave. We do not want any of the Ghanaian people to want to be with us because we are handing out gifts, this will attract far too many people who have become accustomed to missionaries giving gifts. CLIYM is a ministry of partnership and encouragement. Please help us maintain these standards. *Financial gifts to churches and to pastors are invited but will be discussed through the training prior to the trip to Ghana.*

Please note: Be careful when asking about specific needs. Ghanaians feel that if you ask about a specific need, then you are committing to them to provide for that need. Please be careful not to make any promises to any Ghanaians at any time.

Raising Support

Many of you going on this trip will need to raise funds to supplement the needs for this short-term mission. We have several ideas for fund raising and some materials for your consideration once you decide to join this team. But it all starts ASAP. You are encouraged to contact as many people as possible for assistance and prayer concerning this trip. We will provide you with information on and samples of writing a letter for soliciting funds for those who need some assistance. There is absolutely nothing wrong with raising financial support for doing God's work. Missionaries and Pastors do it every day! At our first teaching for "People Raising" you will be shown how all your contributors can receive a tax credit...they like that!

Let's Go

Ghana, West Africa is a wonderful place to visit and you will be blessed as you are a blessing to the people of Ghana. These trips may include a VBS program, open-air film evangelism, ministry to Bible School students, evangelism and Human Trafficking awareness programs in

public schools, village ministry, special spiritual life or Biblical leadership conferences, teaching English or other course material and minor construction projects.

Discovering Ghana through this trip will take us to the open market for shopping and to several remote villages. We want to use your gifts, your heart and your passion in GHANA! So, each trip is catered to the dynamics of the team.

Cost of Your Trip

During the peak travel - summer months, trips are more expensive, due to the rise in airfare prices. Expect a two-week trip to cost \$1,000 ABOVE or in addition to your flight cost (from USA to Accra, Ghana). Prices might increase due to in country airfare increases and your trip duration. A typical round-trip ticket from the United States to Accra, Ghana are between \$1,400 and \$2,000 USD, (depending on the time of year you plan to visit).

CLIYM Mission Trip prices are subject to change without prior notice.

INCLUDED IN YOUR MISSION PRICE

TRANSPORTATION: All travel within the country is included, including your RT flight from Accra to Sunyani, which typically costs\$200.00-250.00 for the round trip. You must purchase your own airline ticket from the US to Accra. We will direct you to Christian travel/missionary organizations who will provide you with humanitarian fares. http://www.raptimusa.com/

YOUR IN COUNTRY RT FLIGHT- from Accra to Sunyani is included in your trip cost. http://www.antrakair.com/

ACCOMMODATIONS: Included is overnight Guesthouse accommodations in Accra when arriving and departing the country. During your stay in Sunyani, room accommodation will be provided at the CLIYM Ministry Center. Expect to bunk with two-to four individuals (depending on the mission team size). If you prefer hotel accommodations, prices will increase. (Hotel prices based on local hotel current rates) http://eusbetthotel.com/

MEALS: Three meals and bottled water provided daily.

SERVICE CHARGES AND TAXES: All baggage handling, portage, taxes, tips and service charges are included.

MISCELLANEOUS: All scheduled cultural events, trip interpreters, and administrative costs.

NOT INCLUDED IN YOUR MISSION PRICE

Cost of Airfare to and from US to Ghana, Passport and Visa costs, optional excursions such as a trip extension, excess baggage charges, soft drinks, laundry, long distance phone calls, and all other items not listed of a personal nature. International airfare to/from USA is not included in land trip cost. Raptim Travel can arrange airfare travel from the US to Accra, Ghana; cost confirmed date of booking. Contact Raptim Travel to coordinate your flight arrangements (800-777-9232). Mission trip insurance is NOT included in your trip cost. Trip insurance is available for you to purchase through our partner travel agency, RAPTIM. www.raptimusa.com

Each team member is required to purchase travel insurance that provides for accidents, medical assistance and evacuation.

OTHER IMPORTANT INFORMATION

AGE: Potential trip members must be at least 15 years of age. Anyone between the ages of 15-18 years old must get prior approval from CLIYM administration.

ITINERARY & HEALTH: Please evaluate your personal health according to our trip itineraries. Days are full with activities and walking during ministry activities and sightseeing. Most days are planned from 8:00 a.m. until 9:00 p.m.

RESERVATIONS, DEPOSITS, AND PAYMENT: All reservations must be made through CLIYM Mission Trip Application process, with a deposit payment of \$250 per person. Reservations will not be accepted by telephone. Final and full payment must be postmarked 45 days before trip. If final payment is not postmarked by that date, you risk losing your reservation. Remember that space at the Mission Center in Sunyani is limited, so it is important that your final payment is made on time and your reservation is early.

CANCELLATION PENALTIES: If your written cancellation notice is postmarked more than 90 days prior to departure, you will pay the \$250 non-refundable deposit. You are responsible for any

airline cancellation fees you may incur. All cancellations must be received in writing, either by mail, email (cindy@christlivinginyou.com, christinyouministry@yahoo.com or Facebook message (https://www.facebook.com/cindy.rosenau)

PASSPORTS AND VISAS: All mission trip participants must have a valid passport. If you do not have a passport, you must obtain one 30 days prior to the trip departure date. You must have a valid passport to apply for the visa. CLIYM will INSTRUCT YOU on how to secure your visa.

2013 Mission Trip Cost for Items Covered

2 weeks stay-Average cost (not including airfare)	\$ 1,200.00*
4 weeks stay-Average cost	\$ 1,700.00 *

^{*}Due to fluctuating currency exchange rates, Christ Living In You Ministries reserves the right to change Mission Trip prices. CLIYM Mission Trip prices are subject to change without prior notice.

Trip Payment Schedule

Event Amount Due Date

Registration \$250.00	6 months prior to departure to Ghana
(will be added to trip cost, unless you cancel)	
Initial Payment 50% of trip cost	5 months prior to departure to Ghana
Final Payment 50% of trip cost	45 days prior to departure for Ghana

Christ Living In You Ministries 2012 Ghana Mission Trip Application

Registration Fee: \$250.00 U.S. per person

Please forward your *nonrefundable* registration fee with your completed application. Contribution checks are payable to Christ Living In You Ministries and mailed to:

Christ Living In You Ministries, PO Box 1776, Crestview, FL 32536

The payment schedule is included in your informational packet. Please carefully read all items in this application before completing.

Guide to Completing Application

The following items are to be submitted with the application forms. Processing cannot begin until all items are submitted. Please insure you answer all questions. One application needed for each person.

Personal Details: Please complete this section accurately. A recent picture will need to be included with Application.

Declarations: You are asked to read all *three declarations* and <u>sign them</u>. There are three declarations to be signed:

- 1. Your consent to Medical treatment and waver of liability
- 2. A commitment from you to honor your financial obligations to CLIYM
- 3. A release of liability

If you are not 18 years old when signing the declarations, you must have your parents or legal guardian sign also.

- **Personal History:** Please prayerfully consider the questions as you complete this section. Everyone must answer the first two questions and choose other questions as instructed. Please answer these questions on a separate sheet of paper and include them when returning the application.
- **Helpful Information:** This will assist in putting together Service Teams for the various projects. Your talents and giftings will be a blessing to the team and to all whom we will be ministering to in Ghana.
- Confidential References: You are asked to submit three references; one should be from a Minister and one Church leader (elder, deacon, and teacher). The third may be an employer or friend. We may contact these persons or schedule a meeting to discuss your application. You must notify each reference for permission to be a referral.
- Passports and Visa: Each person coming to Ghana, West Africa must have a valid passport. Please do
 not apply for your Visa to Ghana until your application has been accepted and you have the appropriate
 papers from CLIYM.

Christ Living In You Ministries Inc. – Part 1 Missions Outreach Application (All information remains secure & private!) Applicant Information

Full Name:										
	Last			First			M.I.	Maiden N	Jame	
Address:	Street	Address					Apartment	t/l Init #		
•	<u> </u>	1447000					, iparamoni	y Olive II		
	City						State		ZIP Code)
Phone:				_ E-mail /	Address:					
DOB (MM/DD/YY	YY):			Locat	tion (City,	State):				
Gender:		Male 🗌	Female			А	re you a U.S.	citizen?	YES 🗌	NO
Marital status:		Single	Married	Divor	ced 🗌	Separated	Widowed			
Are you a full-	time stud	dent? YES [□ NO□			A	re you retired?	?	YES 🗌	NO
Employer:					Job Title	e:				
Emergency Co	ontact:				Phone:					
Do you curren	tly have	a passport?	YES NO	D 🗆	If not, or	n what date did yo	ou apply?			
Passport num	ber:			Issued:			_ Expires:			
Name as it app	pears on	passport:								
Are you interested in a short-term Is your health insurance policy valid overseas? YES NO overseas insurance policy? YES ONO OVERSEAS INSURANCE POLICY?					YES 🗌	NO				
Are you willing to release your contact information to fellow team members during team training?					YES 🗌	NO				
Please list th	nree refe	erences.		Re	eference	es				
Full Name:						Relationship)			
Address:						Phone:				
City, State, Z	ip:					How long ha	as he/she kno	wn you?		
Full Name:						Relationship):			
Address:	_					Phone:				
City, State, Z	ip:					How long ha	as he/she kno	wn you?		
Church:						Phone:				
Address:						How long ha	ave you attend	ded?		
City, State, Z Pastors name Phone or cell	e:					How are you	ı involved?			
How long hav										

Ministry Inventory
Please list any ministry outreach experiences, whether in the US or in a foreign country:
Would you feel comfortable leading others to a personal relationship with Jesus Christ?
What related experience have you had working with and ministering to people?
Please list any special ministry skills:
Playing Piano Playing Guitar Doing Drama Clowning/Mime Leading Sports Leading Worship
Can you speak a foreign language? Yes No If so, please list:
Please give a brief statement of why you would like to participate in the short-term mission trip.
Is God leading you into any particular area of ministry? What areas of giftings do you think God has given you?

PERSONAL TESTIMONY

Share briefly how and when you came to know the Lord as your Savior. How is He working in your life today? Please describe your present relationship with the Lord. Be as specific as you can, i.e. prayer life, struggles, breakthroughs, (you may use another piece of paper if needed)
Have you been Baptized in the Holy Spirit? If so, please describe this experience:
What areas of your character do you desire to change and further develop?

Describe what involvement you have had with your church or other ministries.
Describe the state of relationships within your immediate family.
What are you expecting to receive during this short-term mission outreach? What do you want to see happen in and through your life during this outreach?
Do you consider yourself to be a social person or are you considered shy?
Are there areas of your life you consistently struggle with that you would like help with during this outreach?

MEDICAL INFORMATION

Health Information and Medical Release

Doing ministry in a foreign country can be very demanding, both physically and mentally and spiritually.

The following information will remain confidential. List any prescription drugs you will be taking while on the trip; include frequency and dosage. Do you have allergies, arthritis, depression, or chronic illnesses that your team leader should be aware of? If so, please describe: How will you manage these chronic illnesses during your trip? Additional comments: Yes 🗌 No□ Are you allergic to any medications? Which ones: Are you comfortable sharing serious concerns with Yes □ Yes 🗌 No□ No□ Is stress a major problem for you? team leadership? Have you traveled to a foreign country If so, were you able to adapt to the culture in an Yes □ No Yes 🗌 No□ before? adequate amount of time? Policy number: Health insurance company: Family Physician: Phone #

Christ Living In You Ministries Inc. (CLIYM) Mission Trip Application Part 2: Declarations

FULL N	IAME			
(PRINT	(Last)			
	(Last)	(First)	(Middle)	
ADDRE	SS			_
I. MEI	DICAL RELEASE			
	Ministries Inc. to obtain physician or hospital to	the above medical information is correct an medical attention for me in case of sickn operform whatever care deemed necessat make reasonable and sound decisions for	ess or injury. I do hereby grant permissi ry by Christ Living In You Ministries Inc.	on for an attending for my welfare
Partici	oant Consent			
	Signature of Participar	nt:		
	Date signed:			
	I agree to provide med	dical and trip insurance(INITI	AL)	
MEDIC	AL LIABILITY WAY	/ER		
	cause of actions, past from any liability what	bsolve, indemnify, hold harmless, and fore, present, or future Christ Living In You Min so ever arising out of any injury, illness, on the ment with Christ Living In You Ministries, a	nistries, its agents, employees, and volu disease which may be sustained by me	nteer assistants e during or after the
SIGNA	TURE	DA1	'E	
II. FIN	IANCIAL AGREEMI	ENT		
I confirm	n that I understand pay	ment of the required fees shall be rendere	d on or before scheduled deadlines, and	d I agree to make
such pa	ayments, unless otherw	ise arranged with Christ Living In You Mini	stries leadership. I also confirm that I an	n fully aware of my
financia	l obligations, both to the	e Lord and fellow participants of this short-	term mission outreach. I therefore acce	pt all responsibility
for my f	ees and expenses incu	rred during my involvement with Christ Liv	ing In You Ministries Ghana short-term	outreach.
SIGNA	TURE	DA1	'E	

III. RELEASE OF LIABILITY					
I hereby release, absolve, indemnify, hold harmless, and <i>forever discharge</i> Christ Living In You Ministries Inc., known as CLIYM, its team leader/s, sponsors, contributors, board members, affiliate ministries and supervisors from any and all claims, demands, actions or cause of actions, past, present, or future, sustained during the course of my involvement and/or arising out of injury or damage to me while participating on this trip. I assume all risks and hazards incidental to the conduct of the activities and transportation to and from the area. In case of injury, loss or damage to me, in any way, I hereby waive all claims against Christ Living In You Ministries Inc., its Officers, agents, Board Members, Directors, team leader/s, sponsors, contributors, Affiliate ministries and ministers or any supervisors appointed by them. I likewise release from responsibility any person transporting me to and from the activities.					
SIGNATURE	DATE				

Mission Trip Application Part 3: Service Opportunities

Place an "X" to the left of any area in which you willing to share your talents or experience

Leadership Opportunities: Director of VBS Craft Director VBS Team Devotions Coordinator Kitchen Coordinator Construction Foreman Medical Experience Construction: Carpentry Masonry Electrician Plumbing Power Tools Misc. help as needed Other		
Preaching: Personal Witnessing Teach in VBS or Sunday School VBS Crafts or Recreation Drama Other		
Music Ability: Song Leading Soloist Piano/Keyboard Guitar Other		
Domestic Assistance: Cooking Laundry Cleanup Other		
Additional Helps: Photography Videography Mechanic Other		